



### ERASMUS+ KA107 BILATERAL EXCHANGE

Practical and Theoretical Workshop

# NUTRITION - INNOVATION AND ENTERPRENEURSHIP

ΒY

Dr Lucile Gaberel, professor of Graduate School of Agriculture and Bioengineering, ISA Lille, France

### (LIMITED SEATS!!!)

- 3+2 hours in-person course;
- practical and theoretical workshop;
- Topics include: nutrition in a food company => strategies, innovation and communication in nutrition / nutritional audit methodology (with a workshop on different products);
- Certificate of course completion;
- Participation is free of charge.

WHEN: 6th April, 2022; 13:00-17:00; WHERE: UNSA Campus, Center for Interdisciplinary Studies (UNSA CIS)

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Register via <u>https://forms.gle/YnoRrk4aYKsE1bsy9</u> or <u>lejla.pojskic@gmail.com</u> by April 3<sup>rd</sup>, 2022





## ERASMUS+ KA107 BILATERAL EXCHANGE

# Practical and Theoretical Workshop

# **NUTRITION - BASICS AND BALANCING**

ΒY

#### Dr Lucile Gaberel, professor of Graduate School of Agriculture and Bioengineering, ISA Lille, France

- 6 hours in-person course;
- Topics include: nutrition basics, balanced diet => basics about nutrients, nutritional needs;
- learning to make food ratio calculation;
- food groups and balance diet recommendations;
- Certificate of course completion;
- Participation is free of charge.

Date: 8 April 2022, 13:00-17:00, UNSA Campus, Faculty of Agriculture and Food Sciences